

THE POSITIVE RETURNS OF A HAPPY WORK FORCE

A personal development program to super charge your positivity and productivity



Get 10% off
on registration
before
27 August 2018

5th September, 2018

TRAINER : MUSH PANJWANI

Studies show that happiness at work may be the most important success factor for a modern workplace and that happy companies make more money! Happiness at work is one of the three most important sources of happiness in life.

Happiness at work is the best antidote to stress. Stress doesn't necessarily come from working too much but from feeling bad while you work. Increasing employee happiness dramatically reduces absenteeism and employee turnover.

Happiness at work doesn't only come from the organization's policies, strategies, plans or values. It does not come from raises, bonuses or perks.

For Registration and Queries, Please Contact :

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THE POSITIVE RETURNS OF A HAPPY WORK FORCE

Benefits and Objectives

- Awareness about happiness at work, based on research and success stories
- Ability to implement, and the tools you can start using right away
- Attitude shift, with the energy and will to actually make a change
- An immediate increase in the levels of positivity and motivation

The workshop will cover

- The latest in positive psychology – the science of happiness
- Effects of positivity on all areas of life
- Job satisfaction vs. happiness at work
- How happiness at work enhances productivity and profits
- The two essentials of happiness at work
- Common causes and results of unhappy workplaces
- How to create happier workplace, at organizational and individual levels
- Your own action plan to start implementing immediately

Plus 2 Bonus Sessions

1. Power of Dreams and how to follow with goals and plans.
2. Time Management: The 4 Ds to achieve more at work and in life.

Who should attend?

- Management, so the shift can happen from the top
- Leaders, who will implement the ideas
- HR professionals, because it's a great tool for retention and productivity
- Anyone who is interested in raising their level of happiness at work or in life



Mush Panjwani

- Has been a successful sales trainer and motivational speaker for over 30 years
- Has worked with corporates, entrepreneurs, leaders and sales teams in 20 countries
- Is a certified trainer from Woohoo Inc., the happiness academy in Denmark
- Is the author of "Dhinchak Life" – a book about living a fantastic life

Mush's sessions are known to be serious and relevant but still fun and entertaining; done through presentations and lectures but highly engaging and interactive; are broken into 90-minute sessions, each with Q&A and action steps to ensure maximum understanding, retention and implementation.

Movenpick Hotel, Karachi

**Workshop Investment:
PKR 20,000/-**

Inclusive of all taxes

Group discounts available

Timings: 9 AM - 5 PM

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